



# Jubilee Jottings

A newsletter of the Jubilee Golf Club

**May 2017**

**Sponsors:** are the key to our club's success, look around at their signs as you play, and support them.

When you do use one of our sponsors remember to let them know that you are a Jubilee Golf Club member.



## Members

Do you want to help improve our club?  
Do you have a couple of hrs spare per week?  
Do you want to be part of a great team?

### Jubilee Golf Club Board has a vacancy!

If you have an interest or would like more information, please contact any Board member.



- 3<sup>rd</sup> May Mike Monro (2<sup>nd</sup>)
- 3<sup>rd</sup> May Allen Basten (15<sup>th</sup>)
- 6<sup>th</sup> May Greg Allen (5<sup>th</sup>)
- 6<sup>th</sup> May Chris Matthews (9<sup>th</sup>)
- 17<sup>th</sup> May Ian Dinsdale (9<sup>th</sup>)

## May

### Monthly Medal Dinner

The May Monthly Medal dinner is at the Pinsent Hotel on May 27<sup>th</sup>. Put your name on the list in the Proshop.



## Golf Quip

I always thought of myself as some sort of athlete until I started playing golf a couple of years ago.

- James Caan

## Next Meeting

of the board will be held on Tuesday, the 20<sup>th</sup> of June at 7.30 pm and any items you want addressed at that meeting should be sent in writing to the secretary.

## Welcome to New Members

The following were approved as new members at a recent Board meeting.



Full Members:

Michael  
Blackshaw

Junior (Student):

Zach Vincent  
(Pictured left)  
(2017 Junior  
Encouragement  
Award winner)

Zach won the Junior's Birdies' competition on May 12<sup>th</sup>.

**Please make our new members welcome.**

# Congratulations to our Juniors' for their Pennant win.



L-R:  
Rhys Rigoni,  
Jez Rigoni,  
Alex Reeves,  
Angus Webb  
Chelsea West

The Black Bull in Yarrowonga was the venue for the recent Junior Pennant Final. On the way to the final, Jubilee juniors played a brand new round robin format against Yarrowonga, Wodonga and Benalla. The Jubilee team consisted of Rhys Rigoni (1), Chelsea West (2), Alex Reeves (3), Jez Rigoni (4) and Angus Webb (5). Jubilee finished the round robin

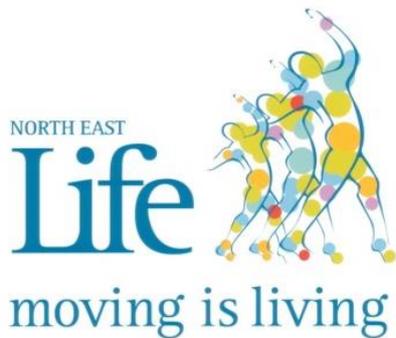
competition in 3<sup>rd</sup> place and was faced with a tough semi-final match against Yarrowonga at the Corowa Golf Club. Jubilee won this match 4-1 to qualify for the final against Benalla the following week. Benalla has always put together strong junior pennant teams and given that they were the 2016 winners, it was built up to be a tough contest for us.

Our team played fantastic golf to come out the eventual winners on the day of the final, winning 4-1. Rhys won his match 3/1, Chelsea won 5/4, Alex won 5/4, Jez going down 5/4 and Angus winning his match 3/1. It was a great result for a team that has stuck together and improved so much over the past 4-5 years.

Special congratulations to Angus Webb who was awarded Pennant Player of the Year for his performances over the season. He was undefeated in all of his pennant matches which is a very impressive effort. In one of his matches played at Wodonga, he won 10/8 which is an amazing result: well done Angus on your achievements this season! →

A very special thank-you to the hard work, commitment and dedication of Ashley and Rob Chuck who have supported and helped develop the juniors at Jubilee. Your efforts are very much appreciated. A big thanks must also be extended to the Black Bull and their staff for the excellent condition of the course and their hospitality on the day of the finals for both the junior and the senior pennant teams.





## Clinical Pilates

### Exercise is the Catalyst to Strength

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- Your needs are individual
- Create your better quality of life

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Our physiotherapists are experts in developing, monitoring and progressing exercise that is specifically tailored for you, and supervised by us.

### Clinical Pilates can be used to benefit people of all ages for:

- Relief of back, neck & spinal pain
- Improving posture & core trunk stabilising muscles
- Increasing muscle strength & joint flexibility
- Sports injury prevention & management
- Improving movement for arthritic conditions
- Better balance reactions
- Regaining pelvic floor function
- 

**Clinical Pilates is:** prescribed exercise aimed at targeting specific stabilising muscles that will restore function and relieve pain, so your body can move well.

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- Supervised
- Scientific
- Individualised

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